CASA 1 – DAILY SCHEDULE

Montessori Classroom | Preschool & Kindergarten

TIME	ROUTINE	DETAILS
6:30 AM	**Centre Opens**	Arrival and transition into the classroom.
6:35–8:55 AM	**Quiet Work & Peer Activities**	Children choose quiet activities such as puzzles, blocks, train tracks, building, memory games, coloring, drawing, and working with a peer.
8:55–9:05 AM	**Washroom & Circle Preparation**	Washroom, water, and getting ready for morning circle.
9:05–9:30 AM	**Morning Circle**	Calendar (month, days, year), weather, seasons, educational songs, and discussion of the weekly/monthly theme. Introduce ideas through conversation, songs, and simple role-play.
9:30–11:30 AM	**Montessori Work Cycle**	A gradually extended work cycle as children settle into the school year. Children choose and work with lessons from Practical Life, Sensorial, Language, Mathematics, and Culture. Snack preparation, eating independently, and cleaning up are included as Practical Life experiences.
10:15–10:45 AM	**Music Class – Tuesday & Thursday**	Music class takes place during the work-cycle period. The Montessori work cycle is paused for music and resumes afterward, where practical and appropriate.
11:30 AM–12:00 PM	**Music & Movement**	Songs, movement, rhythm, and group participation.
12:00–12:35 PM	**Lunch & Cleanup**	Lunch, practicing independence, and tidying the eating area.
12:35–12:50 PM	**Bathroom & Rest Preparation**	Washroom, changing as needed, and preparing for rest or outdoor time.
12:50–2:30 PM	**Nap / Rest Time**	Rest and quiet time. Children who do not nap may participate in quiet activities or outdoor play, according to the classroom routine and conditions.
2:35–2:55 PM	**Afternoon Circle**	Afternoon group circle. Monday–Thursday: Sound of the Week, with children practicing the weekly letter/sound and sharing words that begin with it. Friday: Show & Share, when children present a special item, idea, or experience to the group.
2:55–3:30 PM	**Afternoon Snack & Cleanup**	Snack, washroom as needed, and cleaning up independently.
3:30–4:15 PM	**Afternoon Learning Activities**	Montessori follow-up work, language/math practice, creative activities, or small-group lessons based on children's interests and readiness.
4:15–4:45 PM	**Outdoor / Classroom Activities**	Outdoor play when possible, or purposeful classroom activities.
4:45–5:45 PM	**Wind Down & End-of-Day Routine**	Free choice within classroom expectations, books, quiet activities, and preparing for pickup.
5:45 PM	**Centre Closes**	End of the day.

WEEKLY MONTESSORI WORK-CYCLE ARRANGEMENT

Monday & Wednesday	Full Montessori work cycle from 9:30–11:30 AM, including independent snack and cleanup as Practical Life.
Tuesday & Thursday	Music class from 10:15–10:45 AM. Children work in the Montessori cycle before and after music as the schedule allows.
Friday	Hands-on learning activity instead of free play: creativity, crafts, or simple science experiments connected to the monthly theme. Include setup, children's active participation, and cleanup.

Montessori Areas: Practical Life • Sensorial • Language • Mathematics • Culture

Implementation note: As children become more settled and confident, the Montessori work cycle can be extended gradually, with flexibility for individual needs, transitions, and classroom routines. Snack is treated as an opportunity to practice independence, care of self, and care of the environment.