# Casa 2

(19 months- 3-year-olds)

**Daily Schedule and Routines**

**A glimpse of our classroom; what we do and what they learn**

**6:30- 8:30 - Arrival and Free play**

- Welcome children and help children get settled into the classroom
- Encourage children to put away their belongings.
- Free play gives them the opportunity for free choice and self-directed play
- Children can choose books, quiet time at the library corner, puzzles, pretend play, table activities which includes; coloring and free drawing of their choice.
- Early arrivals have their breakfast at this time if needed
- Encourages social interaction, sharing and cooperation.

**8:30-8:50 - Play Stations**

- Children explore different stations, materials rotate bi- weekly to keep variety and learning opportunities
- Blocks: Building, construction and problem solving
- Dinosaur station: imagination, story- telling and learning about dinosaurs
- Magnets: Exploring magnets, shapes and construction
- Dramatic play: Pretend play, role playing and social development

**8:50-9:15 - Morning circle Time**

**A group gathering that encourages active listening, language development and community building. Circle time has variety of components, we follow the interest of the children for building themes, songs and movement activities. They learn grace and courtesy lessons, expectations of classroom as well as stories these promote language development**

- Good morning song
- Calendar, days of the week, and theme related activity
- Songs, rhymes and fingerplay
- Learning manners and sharing through puppets
- Story telling using flannel board
- Movement songs and simple exercises

- Introducing day's activities and new concepts.
- Washing hands for group snacks

**9:15-9:45 - Morning snack and diaper changes**

- Children have their snacks together and get the opportunity to socialize with their friends
- They learn to carry their own things, independent eating using cutlery, opening their snacks and asking for help when needed
- Clean up after their snacks
- They learn the skill of responsibility, independence and care of environment
- Diaper change happens at this time if needed
- Table manners are models at this time, saying please and thank you, waiting for their turn, using a napkin for wiping their face, using a dustpan to clean up crumbs off table or floor.

**9:45- 10:30 - Montessori work cycle and Outdoor transition**

- Children choose activities from the prepared environment according to their interest and developmental readiness
- **Practical Life:** Pouring, transferring objects using spoons, tongs, sorting, opening and closing containers. These and other activities in this area promote independence and confidence in daily life activities
- **Sensorial**: Explore materials using their senses- Color matching, Shape sorting, size gradients, sorting different textures, sound matching and more
- **Language**: Books, vocabulary cards, matching activities and letter recognition
- **Math:** Counting, number recognition, sorting and simple quantity activities
- **Fine motor**: Puzzles, pre-writing activities, drawing and writing and manipulating materials
- **Culture:** Learning about plants, animals, flowers, continents, seasons, calendar and time, Science topics like magnets and sink and float and monthly theme related activities

**10:30-11:45 - Outdoor play/Craft**

**Outdoor time provides opportunities for physical development and exploration. Craft time lets them explore their creativity with different art mediums. Activities that we have are:**

- Running, jumping, balancing
- Sand box
- Playhouse and slides
- Large, fenced backyard
- Pots and pans, kitchen toys
- Trucks and cars
- Balls and ball games
- Summertime; we have themed activities

**Our craft time activities are different every day and we have weekly themed activities**

- Painting with sponges, foil, brushes
- Coloring using pencils, crayons and markers
- Themed craft that children can create in their own way from a model
- Group craft that we display in classroom
- Gluing, cutting and pasting using paper, crepe paper, cardstock
- Small circle -transitioning to Lunch time

**11:45-12:30 - Lunch, Nap preparation, Diaper changes**

- Lunch
- Handwashing and personal hygiene
- Diaper changes
- Prepare individual sleeping area
- Dim lights and create a calm area
- Listening to read aloud stories before nap time and transitioning to nap time

**12:30-2:30 - Nap time/ Quiet activities for non-Nappers**

- Allowing children to rest according to their needs
- Supervising children during their nap
- Offering quiet activities such as puzzles, books, matching games, manipulating toys, coloring books, fine motor activities for non- nappers.
- non-nappers also get space for quiet movement, or outdoor time depending on weather.

**2:30-3:00- Afternoon Snack/Diaper changes**

- Children put away their blankets and bedding
- Handwashing and snack time
- Encouraging children to clean up after eating
- Diaper change and washroom use as needed

**3:00-4:00- Afternoon Activities (Indoor/Outdoor Exploration)**

**Children are given the choice of choosing from different stations like table activities or floor activities or depending on weather they would spend time outside with friends**

- Playdough
- do a dot
- magnetic writing tablet
- Building with magnet tiles and other manipulation toys
- Blocks and construction toys
- Puppets

**4:00-5:45- Free Play /Getting ready for pick up**

- Open ended activities indoor and outdoor play
- Creative activities and sensory play
- Small group games
- Quiet activities for children who need a calmer environment.